



APTA **Federal**SM

Primary Care SIG

Annual Update 16FEB2024

Our Mission

The Primary Care Special Interest Group will serve as leaders in advocating for Physical Therapists by providing an avenue for **information exchange, networking and professional development** from a primary care PT perspective.



APTA FederalSM

Primary Care SIG

Our Board



- Co-Chair: Evan Kelley
- Co-Chair: David Macchia
- Research Chair: Alyson Cavanaugh
- Communications Chair: Jennifer Turner
- Education Chair: Katie O'Bright
- Practice Chair: Layne Compton
- Advanced Privileging Chair: Steve Wentz
- Primary Care Petition Chair: Ashley Cassel
- Student Liaison: Riley Leutkenhaus

It's been a busy year

- Primary Care Summit
 - May 19-20
 - George Fox University, Newberg, OR

- Primary Care Summit and Think Tank
 - Sept 30
 - Baylor University, Waco, TX



But that's not all




- Partnered with Neuro Vestibular SIG for two great webinars
 - Vestibular Essential for Primary Care
 - Vestibular ECHO
 - Many thanks to Dr. Rachel Wellon and Dr. Helena Esmonde and their team
- Imaging SIG hosted
 - Colorado Physical Therapists are Ordering Imaging...and the Sky Has Not Fallen!!!
- Website Updated
 - Concise landing page
 - <https://www.aptafederal.org/primary-care>

Educational content provided by members

- Cardiovascular Screening in the Outpatient and PC Settings
 - Drs. Rusty Bishop & Layne Compton, Palo Alto VA.
- The Clot Thickens – DVT Screening and mgmt
 - Dr. Jennifer Turner, US Public Health Service

On the research side of the house: Abstract of the Month

- Started August 2023
- We are looking for interested SIG members to contribute to the Abstract of the Month postings. This involves searching the literature, providing a brief summary or a relevant article, and sharing to the larger group. Estimated amount of time to dedicate to the activity is 2hrs/quarter.
- Please contact Alyson Cavanaugh at acav@udel.edu if interested.



**MOBILITY
CHECK-UPS**
ABSTRACT OF THE MONTH

A form of preventative care model described as “mobility checkups” can be feasibly implemented by PTs to screen older adults for mobility disability. Based on their performance of the outcome measures, participants were most interested in knowing their risk for falling.

**HOW ARE YOU PROVIDING PREVENTATIVE CARE AND HEALTH PROMOTION IN YOUR CURRENT PRACTICE?
HOW CAN PRIMARY CARE PT MODELS PREVENT RATHER THAN REACT TO FALLS?**

Lieberz, D., Borgeson, H., Dobson, S., Ewings, L., Johnson, K., Klaysmat, K., Schultz, A., Tasson, R., & Borstad, A. L. (2022). A Physical Therapy Mobility Checkup for Older Adults: Feasibility and Participant Preferences From a Discrete Choice Experiment. *Journal of Patient-Centered Research and Reviews*, 9(1), 24–34. <https://doi.org/10.17294/2330-0698.1874>

**Article attached*

Big Things Across the Profession



- DoD acknowledged the value of PTs as Primary Care providers for neuromusculoskeletal experts for armed forces access in all branches of the military.
- Legislative wins last year brought increased access and less authorization requirements for private practice settings with regards to insurance requirements and PTA practice in outpatient settings.
- Only four states remain that specifically bar physical therapists from ordering imaging.
- The future is bright for potential to allow additional privileges including prescription rights, injections, and ordering labs.
 - But we need people to get involved at their state level working as key contacts and legislative first contacts.

Looking to the future

- Today:

- FD-19262 - Primary Care SIG Annual Meeting 1000-1100
 - SIG Updates
 - TED Talk - The Game Changer: The evolution of MSK ultrasound utilized by front line Physical Therapists in the VHA system
 - THE Rusty Bishop, Palo Alto VAMC, CA
 - PC SIG Kahoot challenge – Huge bragging rights to the victor.

- Tomorrow:

- FD-17713 - Primary Care Physical Therapy: A Proven Model of Care Within the Veterans Health Administration, 11:00-1:00
- If you can't make it, it will be offered On-Demand

Our next Summit and Think Tank

- Regis University, Denver, CO
- 20-21 September
- Multimodal – From lecture, to TED talks, to hands-on, to breakouts
- Looking for contributors:
 - [APTA Federal PC SIG Think Tank Speaking Opportunities](#)

Get Involved

- Education Chair Assistant - organize a webinar schedule for the SIG
- [Primary Care PT Podcast](#)
 - Primary care PT clinicians to interview
 - Thought provoking clinical topics/cases
- If interested – please contact Katie O’Bright:

info@redefinehealthed.com

Shape the future

- Our next mentorship cohort is kicking off March/April
- If interested in either being a mentor or mentee:
 - lcompton96@gmail.com
 - Sign up roster soon to follow



Education Opportunities

- Quarterly member meetings – May 28th at 8pm est
- APTA learning center
- VA orthopedic residencies with primary care focus
 - Palo Alto VA
 - Cincinnati VA
 - Durham VA
- Advanced training courses
 - US Army Kersey Course
 - US Air Force Advanced PT Course
 - VHA Advanced Primary Care PT Clinical Reasoning Course (Palo Alto VA)

Primary Care Petition



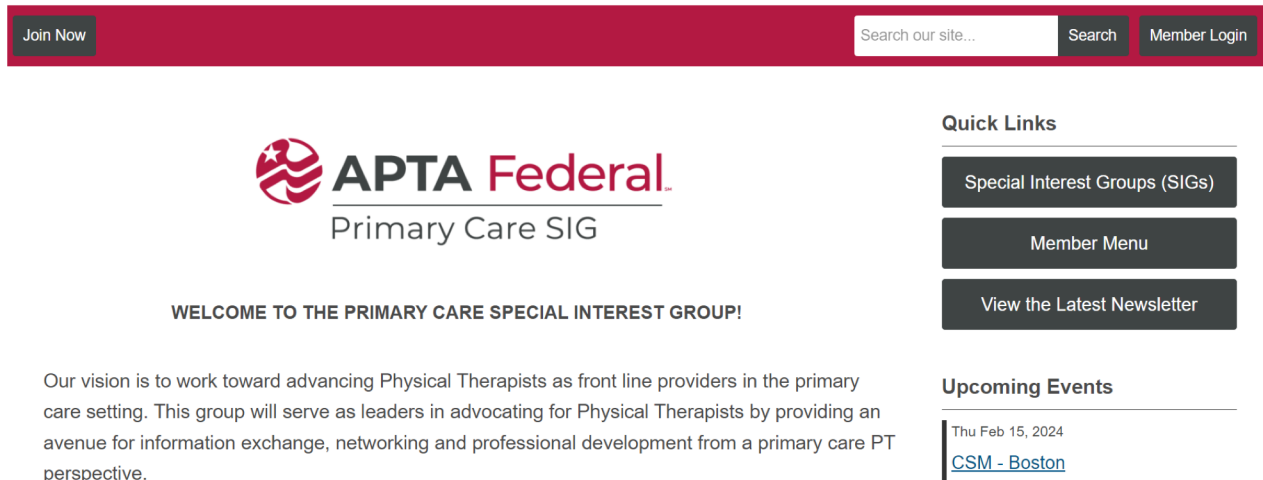
- Phase 2 Petition submitted 11/15/23.

Anticipate ABPTS/ABPTRFE review completion by March 2024. If/when approved - next steps:

- Open call for comments x90 days
 - Open public hearing
 - ABPTS submits a formal recommendation to APTA Board of Directors for the motion to go forward to the next scheduled House meeting
 - APTA Board of Directors submit a motion to the House based on ABPTS recs (*motions for the House are typically due late Feb/March*)
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- **Goal is to get this to HOD 2025.**

Join us, APTA Federal Primary Care SIG

Check out our updated website: [Primary Care \(memberclicks.net\)](https://memberclicks.net)



The screenshot shows the top portion of the website. On the left, there is a dark red button labeled "Join Now". To its right is a search bar with the placeholder text "Search our site...", a "Search" button, and a "Member Login" button. Below the navigation bar, the APTA Federal Primary Care SIG logo is displayed, featuring a stylized American flag icon to the left of the text "APTA Federal" and "Primary Care SIG" below it. A welcome message reads "WELCOME TO THE PRIMARY CARE SPECIAL INTEREST GROUP!". Below this, a paragraph states: "Our vision is to work toward advancing Physical Therapists as front line providers in the primary care setting. This group will serve as leaders in advocating for Physical Therapists by providing an avenue for information exchange, networking and professional development from a primary care PT perspective." To the right of the main content, there is a "Quick Links" section with three buttons: "Special Interest Groups (SIGs)", "Member Menu", and "View the Latest Newsletter". Below that is an "Upcoming Events" section with a date "Thu Feb 15, 2024" and a link "CSM - Boston".

Or email us at:

primarycaresig@aptafederal.org